

My values and I.



Values list

Note: It is necessary to emphasize that these are not the only values but it is an idea that we give to start living the program.

This is by no means an exhaustive list of personal values. You can think of many more. The idea is not to pick and choose items from a list, but to create one based on your own experiences and personality.

Let your imagination run wild!

Don't forget to consider the values of Tecnológico de Monterrey!



Innovation



Integrity



Collaboration



Global citizenship



Empathy and
Inclusion

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|--------------------|-------------------|-------------------|-------------------|
| 1. Self-care | 13. Introspection | 25. Courage | 37. Strength |
| 2. Self-awareness | 14. Curiosity | 26. Kindness | 38. Compassion |
| 3. Self-discipline | 15. Creativity | 27. Simplicity | 39. Generosity |
| 4. Self-control | 16. Learning | 28. Gratitude | 40. Transcendence |
| 5. Health | 17. Excellence | 29. Respect | 41. Freedom |
| 6. Determination | 18. Consciousness | 30. Impartiality | 42. Productivity |
| 7. Integrity | 19. Acceptance | 31. Honesty | 43. Excellence |
| 8. Order | 20. Commitment | 32. Justice | 44. Growth |
| 9. Perseverance | 21. Resilience | 33. Collaboration | |
| 10. Optimism | 22. Flexibility | 34. Humility | |
| 11. Hope | 23. Calm | 35. Equity | |
| 12. Happiness | 24. Plenitude | 36. Faith | |

